**To Bring List**

|  |  |  |  |
| --- | --- | --- | --- |
|  | **Personal Gear** |  | **Clothes** |
| 🞎 | **BIBLE** | 🞎 | Sweater/long sleeved shirt |
| 🞎 | **Pens** | 🞎 | T-shirt |
| 🞎 | Hat | 🞎 | Long pants |
| 🞎 | Sunglasses | 🞎 | Sweater |
| 🞎 | **Money!!! (about $40 For Emergency**) | 🞎 | Socks |
| 🞎 | Water Bottle | 🞎 | Underwear (clean ones please!) |
| 🞎 | Sun screen | 🞎 | Windproof jacket |
| 🞎 | Flashlight with battery | 🞎 | Jacket for night time |
| 🞎 | First-aid items (e.g., bandages) | 🞎 | **Rain gear** (expect rain!) |
| 🞎 | Insect repellent & after bite medicine | 🞎 | Shorts |
| 🞎 | Sleeping pad/Mattress | 🞎 | Pajamas |
| 🞎 | **Sleeping bag & pillow** |  |  |
| 🞎 | Running shoes |  | **Personal Care Items** |
| 🞎 | Sandals/flip flops (Recommended) | 🞎 | Towel(s) |
| 🞎 | **Health card** | 🞎 | Soap |
| 🞎 | Alarm clock | 🞎 | Shampoo & conditioner |
|  |  | 🞎 | Tooth brush & tooth paste |
|  | **Personal Eating Kit** | 🞎 | Hair brush |
| 🞎 | **Eating utensils (fork/spoon)** | 🞎 | Personal medications |
| 🞎 | **Plate/Bowl** | 🞎 | Other hygiene items |
| 🞎 | Cup/Mug/Thermos | 🞎 | Bags for laundry and wet items |
|  |  |  |  |
|  | **Optional Items** |  |  |
| 🞎 | Bathing suit |  |  |
| 🞎 | Camera |  |  |
| 🞎 | Snacks (but will need to store it at food tent) |  |  |
| 🞎 | Sports equipment |  |  |
|  |  |  |  |

***What NOT to BRING:***

* electronics – we will take them away from you if we see them
* you may bring a cell phone but please keep it in your bag during the trip
* things that will isolate you from the rest of the group
* valuable items (jewelry, large amounts of money, etc. – we are not responsible for any losses)